



Please print student's

Last name

First name

Off Campus Extended &/or Overnight Travel – I give my consent for my child to be administered (per packaging directions) the following non-prescription medication(s) or its generic equivalent by the school staff or designee(s)

- ☐ Yes ☐ No -Antiseptic wipes followed by triple antibiotic ointment and a Band-Aid daily until healed PRN minor cuts
- ☐ Yes ☐ No -Acetaminophen 500mg tabs, 1 or 2 tabs PO Q4h PRN headache or fever
- ☐ Yes ☐ No -Ibuprofen 200 mg tabs, PO Q4h PRN strain, sprain, muscle aches, menstrual cramps, or dental pain
- ☐ Yes ☐ No -Cough/throat Menthol (Honey/lemon flavor) lozenges
- ☐ Yes ☐ No -Diphenhydramine 25 mg cap, 1 PO Q4-6h PRN allergic reaction (generic Benadryl)
- ☐ Yes ☐ No -Calamine lotion applied to affected areas PRN heat rash or insect bites
- ☐ Yes ☐ No -Sunscreen SPF 25-30 PRN applied to exposed skin for prolonged exposure to sun
- ☐ Yes ☐ No -Sunburn relief
- ☐ Yes ☐ No -Antacid tablets (Calcium Carbonate) USP 1000 mg.
- ☐ Yes ☐ No -Stool Softener – Docusate Sodium 100 mg.
- ☐ Yes ☐ No -Swimmer's Ear – Drops
- ☐ Yes ☐ No -Off spray

**\*Other medication(s) (prescription or otherwise) required by the student during school related or extended travel must be supplied by the parents and turned in in the original container, properly labeled, with the name of the student and identification of the medication, the dosage, and the time to be administered by the school staff or designee.\***

**Parent Name** \_\_\_\_\_ **Parent Signature** \_\_\_\_\_

**This section to be completed by PHYSICIAN (must be within the current year)**

Physical Examine Date \_\_\_\_\_

Height _____	Weight _____	Blood Pressure _____	Vision: Right _____ Left _____		
	Negative Positive		Negative Positive		
Skin	_____	_____	Abdomen	_____	_____
Head	_____	_____	Genitalia	_____	_____
Eyes, Ears, Nose	_____	_____	Extremities	_____	_____
Mouth, Throat	_____	_____	Joint Function	_____	_____
Neck	_____	_____	Spine-Scoliosis	_____	_____
Lungs, Chest	_____	_____	Kyphosis	_____	_____
Heart	_____	_____	Lordosis	_____	_____
Hearing	_____	_____	Vision	_____	_____

Date of first menstrual period \_\_\_\_\_ Date of last menstrual period \_\_\_\_\_

Explain any abnormal findings \_\_\_\_\_

I certify that on this date I have examined the above student as indicated by items marked and I recommend him/her as physically able to participate in supervised activities: Trips ☐ Yes ☐ No Campouts ☐ Yes ☐ No

All Sports/PE ☐ Yes ☐ No

Swimming ☐ Yes ☐ No

Dance ☐ Yes ☐ No

Exceptions \_\_\_\_\_

Physician's printed name (legible, please) \_\_\_\_\_

Signature of Examining Physician \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ or Clinic stamp