



## 2023-2024 Health Plan

### Guiding Principles

1. The conditions surrounding the COVID-19 pandemic and other contagious diseases are continually evolving, and TCA+A's Health Plans will be periodically evaluated and adapted as needed.
2. TCA+A will follow recommendations for school operation from the Centers for Disease Control (CDC), Texas Education Agency (TEA), and local health officials.
3. Personal prevention practices such as handwashing and staying home when sick are important actions to mitigate the spread of disease.

### Symptom Self-Screening for Students, Staff, & Visitors

1. In evaluating whether an individual has symptoms consistent with COVID-19, individuals should note if they have recently begun experiencing any of the following in a way that is not normal for them:
  - a. Temperature greater than or equal to 100.4 degrees Fahrenheit
  - b. Loss of taste or smell
  - c. Cough
  - d. Difficulty breathing
  - e. Shortness of breath
  - f. Headache
  - g. Chills
  - h. Sore throat
  - i. Shaking or exaggerated shivering
  - j. Significant muscle pain or ache
  - k. Diarrhea
2. TCA+A requires teachers, staff, and visitors to self-screen for COVID-19 symptoms before coming to campus each day. Anyone experiencing symptoms must stay home and follow campus protocol.
3. Parents should not send a child to school if the child has any symptoms or is test-confirmed with COVID-19.

### Vigilant Hand Washing and Sanitizing

1. Students will have the opportunity to wash hands or use hand sanitizer throughout the day, including before eating and following restroom breaks.
2. Teachers and staff will be expected to wash and/or sanitize their hands regularly.
3. Soap will be available at all sinks, and sanitizer will be available in each classroom.

### **Other General Health Measures**

1. Students are encouraged to bring a personal water bottle and use the water bottle refilling stations.
2. Masks, shields, and/or neck gaiters will be optional and may be worn by any teacher, staff member, or student as preferred. Per State of Texas policies, face coverings will not be mandatory.

### **Individuals Confirmed or Suspected with COVID-19**

1. Any individuals who themselves either: (a) are test-confirmed to have COVID-19; or (b) experience the symptoms of COVID-19 must stay at home throughout the infection period, and should not return to campus until the conditions for campus re-entry have been met. Although it is not required, per CDC guidelines, it is highly recommended individuals wear a well-fitted mask until the 10th day after the positive test or first sign of symptoms.
2. In the case of an individual who was diagnosed with COVID-19, the individual may return to school when all three of the following criteria have been met:
  - a. at least one day (24 hours) has passed since recovery (resolution of fever without the use of fever-reducing medications);
  - b. the individual has improvement in symptoms (e.g., cough, shortness of breath); and
  - c. at least 5 days have passed since symptoms first appeared
3. Covid-19 testing may be completed by PCR test or home kit. All test results must be accompanied with the individual's name, date of the test, and location of the test.

### **TCA+A Practices to Respond to a Test-Confirmed Case in the School**

1. If an individual who has been on campus is test-confirmed to have COVID-19, the campus will notify the Tarrant County Health department in accordance with applicable federal, state, and local laws and regulations, including confidentiality requirements of the Americans with Disabilities Act (ADA) and Family Educational Rights and Privacy Act (FERPA).
2. The campus nurse and administrative team will determine all students who have been in close contact with the identified individual and notify all identified families.
  - a. Individuals who have been in close contact with someone who tests positive, but are not showing symptoms, may choose to attend school or quarantine.

### **Student Instruction during Quarantine**

1. If a student is unable to attend school because of a temporary medical condition, such as COVID-19, he/she may be counted present by completing assignments in Google Classroom.